

















INFORMATION PACK

MOTIVATE, EDUCATE AND SUCCEED

with QM Sports Centre at Queen Mary's College

Memberships from only £18! See inside for more details

JOIN NOMi

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Ask reception about special offers and more details.



Memberships

Type	Direct Debit	Casual	Annual	
Platinum Gym induction and 6 programmes** Swimming* Entrance to all fitness classes Free weights room Discounted badminton courts	£32	£38	£299	
Gold Gym induction and 6 programmes** Free weights room	£28	£33	£250	
Silver Limited to off-peak hours only (07:00am -16:30 Mon-Thurs) (Fri, Sat, Sun anytime) Gym induction and 6 programmes** Swimming*	£22	£28	£220	
Bronze Swimming*	£18	£24	£180	
Keep Active 65+ Gym Swim	£15	£20	£125	
Keep Active+ 65+ Gym Swim Entrance to all fitness classes	£20	£25	£140	
Class Only Entrance to all fitness classes	£25	N/A	£250	
Student (17-21 Years) In full-time education Gym only Gym and swim	£20 £25	£25 £30	£160 £200	
Teen (14-16 Years) <i>Restrictions apply***</i> Gym and swim	£16	£21	£160	
Junior (9-13 Years) Restrictions apply*** Gym and swim	£12	£17	£120	

Memberships

COUPLES PACKAGES			
Type	Discounted DD Amount	Normal Price	Saving per month
Platinum/Platinum	£54	£64	£10
Platinum/Gold	£51	£60	£9
Platinum/Silver	£45	£54	£9
Platinum/Bronze	£42	£50	£8
Gold/Gold	£47	£56	£9
Gold/Silver	£43	£50	£7
Gold/Bronze	£40	£46	£6
Silver/Silver	£38	£44	£6
Silver/Bronze	£34	£40	£6
Bronze/Bronze	£30	£36	£6

Discounts only available for direct debit customers.

Couples must join at the same time, live at the same address and pay from one bank account. Please note that Junior and Teen memberships are not included in the couples discount.

Restrictions:

- *Swimming pool timetable applies
- **6 programmes per year- please book at reception
- ***Junior- Cardiovascular machines only, unless accompanied by an adult who is also a member. Mon-Fri 15:30 - 17:00.
- Mon-Fri 15:30 17:00, Weekend 08:00 - 17:00.
- ***Teen-cardiovascular machines only, unless accompanied by an adult who is also using the fitness suite.

Guest Pass: Day pass for the gym. Short term use only for experienced gym user. Must complete a guest disclaimer form.

Corporate: Corporate memberships are available through your company. Please check at reception to see if your employer is registered. There must be a minimum of 10 employees holding a current membership to be eligible. Please speak to a member of staff for more information.

Casual Memberships: Include the same membership benefits as shown overleaf and are contracted for one calendar month.







Price List





Swimming Pool

Adult	£4.30
Concession/Carers entering the pool	£3.20
Family (2 Adults and 2 Children or 1 Adult and 3 Childrer	n) £12.00



Fitness Classes

Adult	From £6.00
Member/Concession	From £3.50



Gym Pass

Guest day pass	£8.00
Concession day pass	£6.00
Junior Fitness	£2.50



Badminton Hire - Per 45 Minutes

Badminton Court - Member	£3.00
Badminton Court - Non-Member	£6.20
Badminton Guest-Adult (over 16s)	£1.50
Racket Hire	£1.00



Children's Activities

School Holiday Activity Club Sporting Stars £25.00 Creative Stars £15.00 Esports Stars (2 hours) £15.00 Full bolt-on for Creative and Esports Stars £10.00



Birthday Parties

Sports Hall Party (10 children)	From £70.00
Pool Party (10 children)	From £70.00
Addtional Child (Sports and Pool)	£7.00
Gaming Party (10 children)	£200.00
Additional Child (Gaming)	£15.00

Tel: 01256 418301 Email: sports.centre@gmc.ac.uk

Website: www.gmc.ac.uk/sports.centre

f: QM Sports Centre **y** @qmsportscentre



@qmsportscentre

Opening times Monday -Thursday 07:00-22:00

Friday 07:00-21:00

Saturday & Sunday 08:00-17:00